

Victoria University – Sports and Exercise Courses¹

Bachelor degrees (undergraduate)

Duration: 3 years

[Bachelor of Exercise Science \(Sport Practice\)](#)

Gain the foundation knowledge and skills for entry into professional careers in exercise and sport science, rehabilitation, community fitness and health, and research.

Duration: 1 year

[Bachelor of Arts \(Honours\) \(Sport Administration\)](#)

The Honours year provides the opportunity for you to extend your undergraduate degree work and attain a higher qualification. It will develop further

Duration: 1 year

[Bachelor of Arts \(Honours\) \(Recreation Management\)](#)

The Honours year provides the opportunity for you to extend your undergraduate degree work and attain a higher qualification. It will develop further

Duration: 3 years

[Bachelor of Science \(Biomedical and Exercise Science\)](#)

Be part of a growing demand for graduates with training in the field of exercise and biomedical sciences. Learn how the structure and function of the body influences and is impacted by exercise.

Duration: 3 years

[Bachelor of Engineering Science \(Sports Engineering\)](#)

Learn about human movement sciences, mechanical and electronic, and software engineering with a strong focus on sports. Studies will be undertaken primarily in the College of Engineering and Science with some learning in the new VU Sports Science and Learning Commons Building which houses world class research facilities.

Duration: 3 years

[Bachelor of Exercise Science \(Clinical Practice\)](#)

Start your career in the sport and exercise industry with a course that delivers a range of subjects across the biological sciences, social sciences and humanities areas.

Duration: 3 years

[Bachelor of Sport Coaching](#)

¹ <https://www.vu.edu.au/courses/browse-for-courses/by-topic/sports-and-exercise#bachelor-degrees-undergraduate=1&postgraduate=1&postgraduate-research=1&short-courses=0&tafe-certificates-amp-diplomas=0>

Develop a unique combination of skills, knowledge and expertise in sport coaching. This course has significant input from key industry bodies such as the Australian Sports Commission and National Sports Organisations.

Duration: 3 years

[Bachelor of Sport Science \(Exercise Science\)](#)

This specialised program leads to a variety of career options in clinical exercise science, rehabilitation, sport science or human movement.

Duration: 4 years

[Bachelor of Sport Science \(Human Movement\) / Bachelor of Sport Management](#)

Duration: 3 years

[Bachelor of Sport Science \(Physical Education\) \(Secondary\)](#)

The Bachelor of Sport Science (Physical Education) (Secondary) provides knowledge and skills in physical education through studies in sport, exercise science and health.

Duration: 1 year

[Bachelor of Applied Science \(Honours\) \(Human Movement\)](#)

Extend your undergraduate degree work and attain a higher qualification that will develop your capacity for informed, conceptual thinking and your research skills.

Duration: 3 years

[Bachelor of Sport Management](#)

This course prepares students for employment in the sport, exercise and active recreation sector as administrators, managers, trainers and leaders.

Duration: 3 years

[Bachelor of Physical Education and Sport Science](#)

This course provides knowledge and skills in physical education and sport science through discipline specific studies in sport, exercise science and health.

Duration: 4 years

[Bachelor of Sport Management / Bachelor of Business](#)

This double degree prepares you for employment in both the commercial business sector and the sport, exercise and active recreation sector.

Duration: 4 years

[Bachelor of Sport Science \(Human Movement\) / Bachelor of Psychological Studies](#)

This course delivers a balance across the biological sciences, social sciences and humanities for a career in the sport, fitness, exercise and human movement professions.

Duration: 3 years

[Bachelor of Sport Science \(Human Movement\)](#)

Gain the foundation knowledge for a professional career in the sport and exercise industry and learn key skills in physiology, kinesiology and biomechanics.

Postgraduate

Duration: 1.5 years

[Master of Clinical Exercise Science and Rehabilitation](#)

This course follows a research or evidence-based teaching approach regarding the scope of practice of clinical exercise physiology. You will gain experience in clinical placement in hospitals, industry and the broader community.

Duration: 1.5 years

[Master of Sports Science \(Football Performance\)](#)

This course will provide you with a holistic education in the field of football science. It has an applied theoretical focus as well as practical experience.

Duration: 1 year

[Graduate Diploma in Sport Business and Integrity](#)

The Graduate Diploma in Sport Business and Integrity addresses the dual responsibilities sport managers now have.

Duration: 1.5 years

[Master of Sport Business and Integrity](#)

The Master of Sport Business and Integrity addresses the pressures that contemporary sport managers face when having to deal with their core obligations.

Duration: 0.5 years

[Graduate Certificate in Sport Integrity](#)

This course addresses the continuing concern about sport's capacity to act on the positive social values it has traditionally upheld.

Duration: 0.5 years

[Graduate Certificate in Sports Science \(Football Performance\)](#)

This course provides a holistic education in the areas of sports science, coaching, strength and conditioning and management of association football (soccer).

Postgraduate research

Duration: 2 years

[Master of Applied Science](#)

Develop a capacity for solutions through independent research and problem analysis. You will expand and develop specialist knowledge in your chosen field of research and provide evidence of independent thought and the ability to manage a research project.

Duration: 2 years

[Master of Arts](#)

Staff will supervise graduate research in many areas of specialisation, such as the Master of Arts, history, philosophy of sport, sociology of physical education and sport management.

Duration: 4 years

[Doctor of Philosophy](#)

The Doctoral degree in Sport and Recreation is an advanced research program offered across VU's research focus areas and the major disciplines of our academic Colleges.

Duration: 4 years

[Doctor of Philosophy](#)

The Doctoral degree in Human Movement (PhD) is an advanced research program offered across VU's research focus areas and the major disciplines of our academic Colleges.